



VOLUNTEER COMPLEMENTARY THERAPIST

Role Description

Details:

- Location: Skanda Vale Hospice, Saron, Llandysul, SA44 5DY.
- Hours: 10 hours per month, with flexibility to accommodate additional hours as needed.
- Supported by: Spiritual Care and Wellbeing Lead.

Overview:

We warmly welcome you to join us as a Volunteer Complementary Therapist at Skanda Vale Hospice. In this role, you will provide holistic therapies designed to enhance well-being, reduce stress, and alleviate symptoms associated with life-limiting illnesses. Working within a compassionate multidisciplinary team, you will support our patients and their families, contributing to a calming and supportive care environment.

What you'll be doing:

- **Therapeutic Treatments:** Offer complementary therapy such as massage, aromatherapy, and reflexology, tailored to meet the individual needs and preferences of our patients.
- **Consultation:** Conduct initial consultations to understand patient preferences, medical history, and any contraindications for treatment.
- **Therapeutic Environment:** Create a safe, calm, and supportive space for therapy sessions, ensuring patients feel relaxed and comfortable throughout their treatments.
- **Documentation:** Maintain accurate and confidential records of therapy sessions, including patient assessments, treatment plans, and any relevant observations or outcomes.

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- **Communication:** Communicate effectively with patients, their families, and other members of the multidisciplinary team, providing updates on patient progress and addressing any concerns or feedback.
- **Professional Development:** Participate in ongoing training and professional development opportunities to enhance your skills and knowledge.
- **Health and Safety:** Adhere to health and safety protocols and infection control measures, ensuring a safe and hygienic environment for therapy sessions.
- **Ethical and Professional Conduct:** Conduct yourself with professionalism, integrity, and compassion at all times, upholding the values and ethos of the hospice.

Qualifications and experience:

- Accredited qualification in complementary therapy (e.g., massage therapy, aromatherapy, reflexology, Reiki).
- Membership or registration with a recognised professional body relevant to your therapy discipline.
- Previous experience providing complementary therapy treatments, preferably in a palliative care or hospice setting.
- Understanding of the physical, emotional, and spiritual aspects of palliative care.
- Excellent communication and interpersonal skills, with the ability to build rapport and trust with patients and their families.
- Empathy, compassion, and a non-judgmental approach to patient care.

Training and support:

- We provide comprehensive training and ongoing support to ensure our Volunteer Complementary Therapists feel confident and capable in their roles.

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